Working together with families and carers

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Who we are!

- We are a social care provider and charity rooted in community and inspired by nature, supporting adults with learning disabilities, autism and mental health support needs to live healthier, more active, and independent lives.
- At Camphill Village Trust, co-production means people work together as equal partners to design, deliver and review support.

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‘All the people that are important to me work together to help me live the life I choose’.

compton village trust

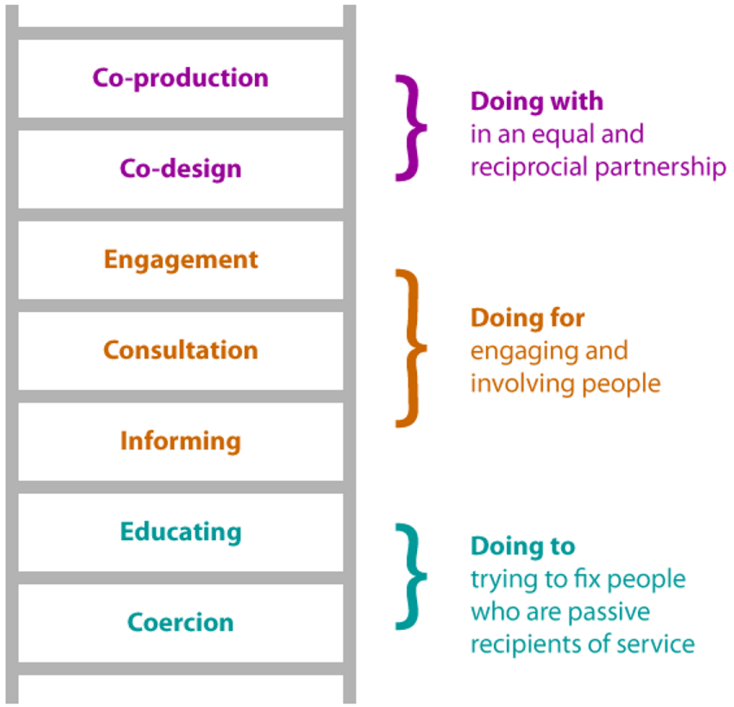
Working Together

inspirations from our community members and their families



Doing With

- Support people to speak up and advocate for themselves.
- Make time for everyday conversations.
- Show people that their views are valued.
- Question - Do families know how and when it is OK to get involved?



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Sharing Knowledge and Experience

Family carers' knowledge

Families have known the person longer than anyone else.

Listen to the experts

People and families know themselves best. They can help make support even better

Involve everyone

From the start and all the way through.

'*Are we doing with*?'

Are we all working together and not going back to 'doing for'?

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Barriers to working together

Time to listen

Busy routines, staffing pressures and rushed meetings can make proper listening harder.

Different views

The person, families and staff may disagree about risk, safety or independence.

Power imbalance

Professionals, services or families may dominate, making it harder for the person's voice to lead.

Voice leading to action

Trust can fall when views lead to no change, or people hear nothing about what happened next.

Fear of getting it wrong

Uncertainty about choice, risk, safeguarding and responsibility may stop difficult conversations.

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Working Well Together

Allow enough time

to include, listen and value every contribution.

Always check /

don’t make assumptions.

Consider the best ways

to communicate and involve all.

Involve people earlier

and keep updated.

Be clear and agree

how all the people who are important work together to help people live the life they choose.

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Final reflections and Questions