## Prevention - how charities can develop a supportive culture to ensure good Safeguarding practice.

Jo Cook- National Safeguarding and Mental Capacity Lead
Brian Henderson – Walking with the Wounded



#### Who are we?



- Established in 1915 to support war blinded veterans
- Community support workers across all four nations and one specialist centre at Rustington
- We support c.4,000 members
- We have around 8-10,000 contacts a year with our members
- 240 staff 800 volunteers
- Safeguarding and Mental capacity Lead post created in 2022

## Safeguarding Prevalence



- How many adult safeguarding referrals in England for 23/24?
   An estimated 615,530 concerns of abuse raised during 2023-24 (NHS England data)
- How many are converted to a Sec 42 Care Act investigation?
   176,560 (NHS England data)
- How many charities registered in England?
   185,078 (Charity Commission)

## 6 Principles of Safeguarding



- Empowerment
- Prevention
- Proportionality
- Protection
- Partnership
- Accountability

## Safeguarding with a small 's'



- Statutory Safeguarding under the Care Act –Sec 42 investigations Capital 'S'.
- Many people with physical or mental health needs, who also need help to manage their care, live in complex circumstances.
- These people may need support to keep safe and well, to manage the risks of day-to-day life, and may need a variety of health, social care, housing, voluntary or other agencies to work together to do this.
- This can also be thought of as prevention support to stop a situation happening or developing into something abusive or harmful which would need a S42 enquiry.

## Why is prevention important



Prevents abuse and neglect

Protects long term wellbeing

Promotes a culture of awareness

Empower individuals to exercise their rights and live their lives

Staff empowered and upskilled as a workforce

## **Group Question**



What is your biggest challenge regarding Prevention and Safeguarding in your workplace/organisation?

Please discuss



## It is an expectation of the Charities Commission to:

- identify and manage risks
- have suitable policies and practice in place
- carry out necessary checks
- protect your volunteers and staff
- handle and report incidents appropriately

#### Areas to consider





Recruitment



Induction – staff and volunteers



Training



Risk Management



Culture

#### **Recruitment and Induction**





#### **Training**



## **Professional Curiosity**



- What is it?
- Barriers Disguised Compliance
  - Rule of Optimism
  - Accumulating Risk
  - Normalisation
  - Professional Deference
  - Confirmation Bias
  - Managing tension and uncertainty

## **Developing Professional Curiosity**





Be flexible and open-minded, not taking everything at face value.

Think the unthinkable; believe the unbelievable. Consider how you can articulate 'intuition' into an evidenced, professional view.

Use your communication skills: review records, record accurately, check facts and feedback to the people you are working with and for.

Use case history and explore information from the person themselves, the family, friends and neighbours, as well as other professionals (triangulation). Pay as much attention to how people look and behave as to what they say.

Take responsibility for the safeguarding role you play, however large or small, in the life of the person in front of you.

## Safeguarding themes



- Reported safeguarding referrals are 2% of members
- Highest categories are Financial, Self- Neglect, Domestic Abuse
- Suicidal thoughts/ ideation
- National themes from Second national analysis of Safeguarding Adult Reviews: April 2019 -March 2023.
- Identifying preventative training needs Romance Fraud & Scams

## Risk Management & Culture



- Risk Assessments
- Criminal Justice Questions
- Suicide Awareness and Procedures
- Alerts
- Audits
- Learning Reviews (incl. psychological safety for staff)

#### Members





**Safeguarding Leaflets** 



Podcasts & Talking Newspaper



Regular Articles in Review Magazine



Feedback

# What is your one take away from todays conference /workshop that has resonated with you?



#### Resources



Welcome to Catch the Catfish - Catch The Catfish Mental Capacity
Resource Centre | 39
Essex Chambers

Join a network – COBSEO, Third Sector Network

Safeguarding Board resources - Norfolk Safeguarding Adults
Board (NSAB)

Regulation and Quality
Improvement Authority Regulation and Quality
Improvement Authority Health & Social Care
Services Northern Ireland

NCVO NCVO

## **Video**





