

## **What Does Safeguarding Adults Mean?**

Safeguarding adults means protecting a person's right to live in safety, free from abuse and neglect.

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## **Recognise**

Understand the different types of harm that adults may experience and be alert to warning signs and indicators.

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## **Respond**

Ensure that you keep people at the centre of your decision-making and follow your organisation's procedures.

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## **Refer**

Never assume safeguarding is someone else's responsibility.  
Seek support from your local authority, NGB, or Active Partnership.

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**Find out more**

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## What can I do?

**Stay up to date** with safeguarding adults training.

**Be available** to those seeking support.

**Get in touch** with your National Governing Body if you have a concern.

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Visit our Resources for Club Welfare Officers to...

Find

**Ann Craft Trust  
Services**

**See how else we  
can help**

We can help with eLearning, training, safeguarding audits and more.

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Stay

**Updated**

Sign up for our monthly safeguarding adults in sport and activity email update.

You can sign up for wider safeguarding adults updates too.

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**Let's keep  
each other safe**

If we all play our part in keeping each other safe, we can create a safer culture in sport for everyone.

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**What is  
Safeguarding  
Adults?**

**A guide for Club  
Welfare Officers**

**ann craft trust**  
acting against abuse

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