



Safeguarding Bulletin

October 2025

Issue 133

Hello, and welcome to the Autumn edition of the Ann Craft Trust Safeguarding Adults Bulletin.

You can download a PDF version of this bulletin [here](#).

I'm Emma Gibson, the head of the Safeguarding Adults in Sport team at the Ann Craft Trust, and this is my first guest editor spot!

I'll try not to talk too much sport but I am pleased to announce that we have a new addition to our sport team this month – [Hannah Shah](#). Hannah joins us from a previous role in student welfare with De Montfort University. She brings a wealth of adult safeguarding and EDI knowledge and experience to our team.

First, a reminder that we are recruiting for a new chair of trustees.

You'll find more information about this role, and how to apply, [below](#).

We have also recently moved to a new training management system – Nucleus. We know some of you have received emails from Nucleus and weren't sure if they were genuine. Rest assured that they are, and we thank you for your patience as we make this move!

When we deliver safeguarding training, we ask people to think about what makes them feel safe. Many people mention that feeling of being at home in your slippers and drinking hot chocolate, which is particularly apt for this time of the year. However, almost three-quarters (72%) of women in the UK change their

outdoor activity routines during winter, according to Sport England data from October 2024.

As the clocks go back and the dark nights are drawing it can be harder for all of us to make the effort to leave the couch and enjoy being active. So below are some resources that may help you find the motivation to get out and keep active with some simple safety measures in place.

[Here's some info on running at night from Women's Fitness](#). And here's [a handy guide to staying active in winter](#). So enjoy your evenings, get out there and enjoy the outdoors and take care of each other.

Happy reading, keep warm, and stay active!

Emma Gibson

Head of Safeguarding Adults in Sport, The Ann Craft Trust

Prevention

act before abuse

Safeguarding Adults Week 2025

17 – 21 November

#SafeguardingAdultsWeek

Safeguarding Adults Week – Free Online Seminars

Safeguarding Adults Week 2025 takes place from Monday 17 to Friday 21 November.

Throughout the week, we'll be hosting a series of free online seminars. Two of these are now fully booked, but there are still **a limited number of places available** at the following:

- **Monday 17 November – 10:30 am – 11:30 am – [Learnings from gambling in sport – sharing support programme and projects](#)**
- **Monday 17 November – 4:00 pm – 5:00 pm – [A holistic approach to the prevention of abuse in sport](#)**
- **Tuesday 18 November – 10:30 am – 11:30 am – [Preventing Abuse – MacIntyre's Everything Everywhere initiative](#)**
- **Tuesday 18 November – 3:30 pm – 4:30 pm – [Preventing Forced Marriage](#)**
- **Friday 21 November – 10:00 am – 11:00 am – [HeadSAFE Football – Promoting Player Safety](#)**
- **Friday 21 November – 12:00 pm – 1:00 pm – [Grief Disco – How We Can Support Ourselves and Others With Grief.](#)**
- **Friday 21 November – 1:20 pm – 2:30 pm – [Key Insights From the Voice of The Participant Project](#)**

You can also access [a selection of free resources](#) to help you support Safeguarding Adults Week, including podcasts, posters, and social media graphics.



The Ann Craft Trust Safeguarding Adults Conference 2025

Our annual Safeguarding Adults Conference is now **fully booked!**

The day will feature an introduction from Ann Craft Trust patron Richard Whitehead MBE, followed by a keynote speak from Mhairi MacLennan from Kyniska Advocacy.

Throughout the day, there will be sessions run by Ann Craft Trust Associate Trainers, Gangmasters & Labour Abuse Authority (GLAA), Broxtowe Women's Project, Blind Veterans, We Are Survivors, and Dr Alison Gardner from The University of Nottingham's Rights Lab. There will also be a panel discussion on how we can put a greater focus on prevention in safeguarding.

The day will close with a performance by Magpie Dance, the UK's leading dance charity for people with learning disabilities.

If you were not able to secure a place at this year's conference, keep an eye on our social media platforms, where we'll be sharing updates throughout the day. We will also be publishing summaries of as many of the sessions as possible in January's Safeguarding Adults Bulletin.

[You can also sign up for the Conference Waiting List.](#) If we get any cancellations in the coming weeks, we'll let you know and you may be able to book a place.

If you will be joining us at this year's conference, [find some important information about the day here.](#)



Could You Be The Next Ann Craft Trust Chair of Trustees?

We are looking for a committed individual who has an interest in safeguarding adults to become Chair of the Ann Craft Trust Board of Trustees.

The chair will work with the board of trustees to guide as well as support the charity to deliver our strategic plan and vision. We are looking for someone who shares our values and recognises that safeguarding is everyone's responsibility.

[Get full details and apply here >>](#)



Podcast: What Inspires Us to Safeguard Adults?

In this episode of our Safeguarding Matters podcast, Jodi Evans talks to Deborah Peat, a new trustee at The Ann Craft Trust, about the experiences that inspired her to focus on safeguarding adults.

[Listen to this podcast here >>](#)



Dimension: Prevention Through Learning

Jennifer Hickson is Group Safeguarding and Quality Governance Manager at Dimensions.

In a guest blog for Safeguarding Adults Week, she explains how sharing is key to preventing abuse and protecting people.

[Read Jennifer's post here >>](#)



A Volunteer's Perspective on Safeguarding Adults

University of Nottingham Sociology and Criminology student Bella Hamilton recently interned at The Ann Craft Trust. We asked her to write about her experiences of safeguarding adults in Ibiza.

You can also listen to Bella discuss her experiences in [this podcast](#).

[Read Bella's thoughts here >>](#)

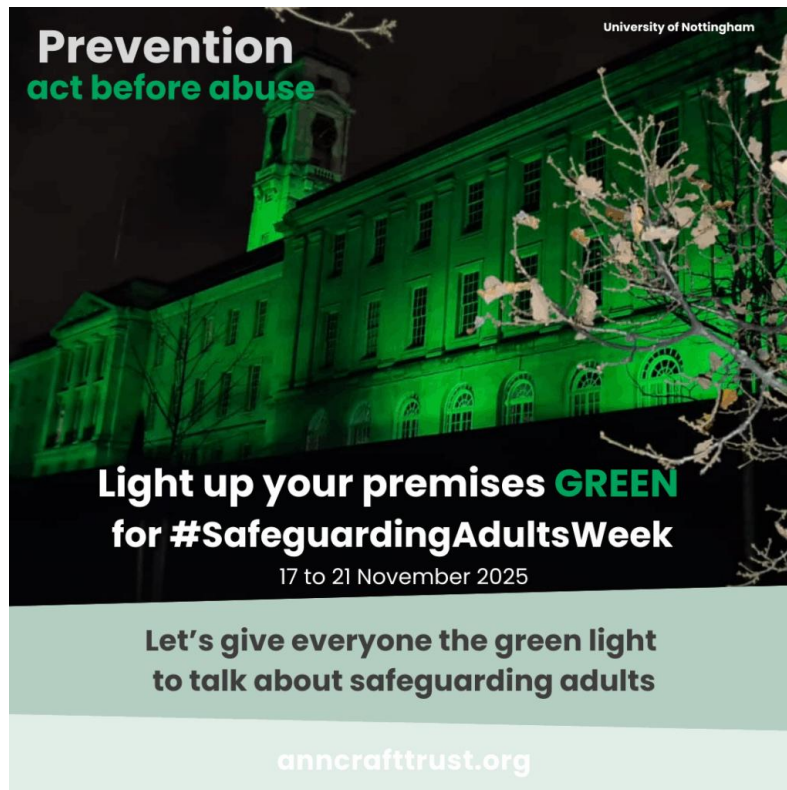


Podcast: Grief Disco and the Power of Music and Movement

Grief Disco is an initiative to help people work through grief with the power of music and movement.

"At Grief Disco, we don't dance to forget. We dance to remember, to honour, and to reconnect—with ourselves, with joy, and with each other. Music helps us shake off the weight of sorrow, even if just for a moment, and reminds us that life still holds space for movement, laughter, and healing."

[Listen to this podcast here >>](#)



Go Green For Safeguarding Adults Week!

Wear something green. Cook something green. Paint your face green. Light up your building green!

[Find out how you can support Safeguarding Adults Week through "going green" >>](#)

News & Resources Roundup

Would you like something featured in a future Roundup? Whether it's a new resource, a job vacancy, some research findings, or something else entirely, [get in touch to tell us more](#).

- [Hub Of Hope](#) – The UK's largest mental health support directory, committed to "chasing the stigma."
- [Deprivation of Liberty Safeguards \(DoLS\) data collection](#) – Guidance for councils with adult social services responsibilities (CASSRs) on how to complete the DoLS data return for the 2025 to 2026 reporting period.
- [Two-thirds of councils need to improve on DoLS, finds analysis of CQC reports](#) – Report from CommunityCare.
- [2023 LeDeR report into avoidable and preventable deaths of people with learning disabilities](#) – The report investigated deaths in UK adults with a learning disability in an effort to provide learning for the future and improve care.
- [Revenge Porn Helpline and National Crime Agency release new guidance](#) – Guidance for professionals working in higher education settings on financially motivated sexual extortion (FMSE), a type of online blackmail often referred to as 'sextortion'.
- [BBC reporter went undercover as a cleaner at a failing care home](#). "Here's what I witnessed"

Want the latest safeguarding adults in sport news? Be sure to subscribe to our [monthly sport update](#).