

Sense – Understanding Consent and Choice

0:00

welcome to the AGM of the Ann Craft Trust.

0:04

I am here and delighted to welcome you.

0:06

I've got my first green outfit of the day on.

0:08

I have my green smoothie, which is all ready to go and delicious.

0:13

If anyone would like the recipe, it's absolutely beautiful.

0:16

And I'm going to I'm going to hand you over to to David Marsland that is going to be known today, which feels very formal.

0:24

Just to remind you before I do that, if I can just ask people to keep your cameras off to help with our kind of bandwidth and and also keep your microphones on mute the chat functions available.

0:36

If you've got any questions, please pop them in there and we'll we'll check that.

0:40

And the other thing just to let people know is that we are recording this session.

0:45

If you have any issues with that, if you can contact us after and we'll work through that with you.

0:51

But hopefully we're good to go.

0:53

So David, I will pass to you.

0:57

Good afternoon, folks.

0:58

Yeah, thank you.

0:59

Thank you for coming.

1:00

I make the people up to 86, so that must be about 8080 people who are are non handcraft trust trustees or staff.

1:10

So I do attend quite a few charity Agms sadly in my role and and this is obviously the best attended AGM of anywhere that I ever go to.

1:20

So I am I am hoping that yeah, you're here for the sense talk later, which will be amazing.

1:27

So I'm really pleased to to welcome you to that.

1:32

But yes, it is and, and in a in a long standing act tradition, we aim to be done and dusted between 15 and 20 minutes is our aim for this annual general meeting.

1:45

OK, I'm going to start with welcoming and introductions.

1:50

Yeah, like like I say, welcome particularly to any other David's out there, you know that seems seems only right and proper.

1:58

I'm not sure we're having any apologies Stuart or Dave that need need bringing up and just Tanya May.

2:09

OK, OK, so we've got apologies from Tanya who I know has pain related issues today should we say so good stuff.

2:20

OK, thank you.

2:22

OK, I'm going to talk about the annual general meeting minutes from this, this time last year, but I'm not going to go through them.

2:32

So they are available in in the, in the, in the chat, I believe, Dave.

2:39

So please have a read of those they're on the website as well and post any comments into the chat.

2:51

It's, it is very important to us to, to have some sense of transparency in terms of the AGM, but time, time it doesn't allow to, to go through those in, in any detail.

3:02

So please follow the link above us as, as, as Dave says, OK, thank you.

3:08

I'm not sure how many people were here last year, but thank you.

3:13

Oh, we're, we're, we're, we're doing my numbers, we're up to 92.

3:16

So people are coming in.

3:18

OK, good stuff.

3:20

Dave, can you go back to the agenda?

3:23

OK, Yeah, like I said, if there's any matters arising, please put them in the chat or or get in touch.

3:31

In terms of myself, my, my, I, I, I, I'm very I'm very proud to speak to you every year about about the achievements of of the Handcraft trust.

3:43

I know it gets repetitive but but I'm still saying it has been an incredibly productive and and effective year for the trust, both with with a whole range of new, new partners, new sectors, new people to be working with, but also existing partnerships and some very long standing work with providers and so on.

4:07

So it is just so energising for me in my role to see how adult safeguarding has become core business in, in so many different organisations now across the country.

4:22

Yes, it is, it is, it's, it's inspiring and, and listening to the work that the Handcraft Trust staff do yeah, keeps me energised this year for the Trust.

4:36

I guess following on from the, from the conference last year, well-being has very much been a focus of, of, of the Handcraft Trust, both, both thinking internally and the works do it.

4:46

And the team leaders have done in terms of people and, and looking after ourselves in safeguarding, but also in terms of some of the, the infrastructure work about processes and, and systems and making things work.

5:03

So I've got my fingers crossed about the team's meeting this afternoon.

5:06

So hopefully those processes will work.

5:09

But yeah, well-being has been a really, really important focus of this year.

5:14

We've had a change of trustees.

5:16

We've had, we've been joined by Elizabeth and Paul, who've both brought, I've written here, fantastic insight and wisdom.

5:27

They had, they had big boots to fill in terms of Malcolm, Dylan and Suzanne Wilson.

5:31

And yeah, it's been an amazing year in terms of, of their input.

5:36

So thank you to, to, to all of those people concerned.

5:41

Hopefully you will get to meet Paul and Elizabeth, some of you on at the conference on Wednesday.

5:47

So say hello if we can.

5:48

Now just a quick shout out while while I'm doing this, if if anybody is thinking they would, they would like to be a trustee of the Handcraft Trust, then please get in touch.

5:59

Come see us during this week or, or or put your details in in in now in the chat.

6:06

We have a process for for choosing, choosing on trustees and recruitment.

6:12

So we'd love to hear from you.

6:16

Lastly for me, just before, before Stuart does the same, I guess I'd like to thank everybody who within the craft trust and all of our partners, including our wonderful host uni, University of Nottingham.

6:31

So it wouldn't be fair to for me to finish without saying a thank you to everybody for everybody's efforts and, and all of you people here.

6:41

OK, so we will make the annual report available on the website, Stuart and Dave, is that correct?

6:50

Yes, Yeah, it will be made available yet.

6:53

OK.

6:53

Yeah, good stuff, good stuff.

6:57

I'm going to move on to just a resignation in terms of thanks.

7:03

Sadly, the third David from the Handcraft Trust, David Charnock, is resigning as trustee.

7:12

And yeah, I just wanted to say a couple of words about David the Trust.

7:18

The Handcraft Trust began with demands for change for people with learning disabilities and I'm proud to say that people with learning disabilities are, are still in our minds and everything that we do at the Handcraft Trust and, and David has been instrumental in keeping that link strong and dynamic.

7:40

So on behalf of us all, I would like to thank David for his support, his contribution and his commitment to to some of the people in our society who who need the most help to be safe.

7:52

So it is, it is really important.

7:54

So thank you, David.

7:56

And and and you said you'd let me embarrass you, so thank you for that too.

8:00

So, yeah, on behalf of Resolve, thank you ever so much.

8:03

That's me, Stuart and and Dave.

8:05

So I shall hand over to Stuart.

8:10

Thank you.

8:11

Thank you, David.

8:13

Yeah.

8:13

I'm not sure that's ever going to feel comfortable.

8:16

So yeah, thank you.

8:17

Before I move on and to share a few highlights for the year, I just wanted to share with people here the the really sad news about the death of one of our former directors, Pam Cook.

8:29

And Pam's a director at the Handcraft Trust between 1997 and 2003 and, and oversaw the first change from when the ACT moved from Knapsack to ACT and, and the charity's focus began to shift to safeguarding all adults and disabled children.

8:44

So I just wanted to just mention that and, and I hope that Pam would be proud of the work that we've continued to achieve and that we hopefully will continue to achieve, achieve moving forward.

8:56

And so moving on to the the my report, I'm really proud and I'm going to be as quick as I can.

9:04

I, I realise that we've got lots to get through in terms of moving on to the more exciting stuff with sense, but I just wanted to share.

9:11

I'm, I'm, I'm so proud of completing my first full year act and doing it, that breaking act, which is, was one of my big challenges of the year.

9:18

So I'm really pleased with myself about that.

9:20

And, and as, as Dave's mentioned in the annual report, and you'll be able to read yourself the success of it's down to to staff and trustees and, and, and associates who have been such an inspiration really, and their energy and dedication and knowledge is, is infectious.

9:35

So I just wanted to start by just passing on my massive thanks to them really for their hard work during the last year, particularly the staff across ACT who, who are just unbelievable.

9:47

This has included new 22 new members in Rasheen and Dave and also two staff members that left us in Charlotte.

9:54

And Julie is one of our long standing associates.

9:59

Now on to the last year Act.

10:01

Get yourselves ready.

10:02

I'm going to go, I'm going to move through this swiftly.

10:04

So Booker yourselves in, I'm going to give you a bit of a whirlwind tour.

10:08

So last year saw us launch our new strategy, which we launched at this the AGM last year, which included a stronger focus on safeguarding adults.

10:17

And I'm pleased to say that we've been busier than ever with more requests for support for more different sectors than we've ever had before.

10:26

This is included and by no means this is an exhaustive list.

10:31

Arts and theatre, museums, military, agriculture, faith groups, housing, women's charities, homeless charities and many, many, many more different types of sectors.

10:42

Some of who we've worked with before, but many of that are new to us.

10:47

And it just shows you that that growing thought that is given to safeguarding adults.

10:52

So it's really pleasing that we've been able to help so many different organisations and across and, and that's in in for with training and audit and consultancy and sport.

11:02

We've continued to support our governing bodies or national governing bodies, complete safeguarding adults frameworks, including our first submission from a Welsh NGB, which is really exciting and really pleasing for us.

11:13

We delivered training to elite athletes and Paralympic staff ahead of Paris 24.

11:19

We've launched our road map which aims to help organisations on their own safeguarding journey, which has been a really, really big piece of work and something that we're really proud of in the Handcraft Trust, e-learning has continued to thrive.

11:32

We've had a record number of people accessing our e-learning.

11:36

It's been an absolutely huge year for us in our e-learning and it continues to grow and will continue to grow with that for that really sort of early in access to to safeguarding for people.

11:50

And that's included some new financial awareness e-learning that we've developed with the university, which is available for free.

11:57

So please do check out our website and have a look at that.

12:00

And that's building, as I say, research for the new University of Nottingham.

12:04

Away from our training and consultancy offer.

12:08

We've been key partners in development of some really important national safeguarding tools over the last year.

12:14

We've worked with UNICEF on a safer sport culture tour.

12:18

We've been a key part of developing a new British standard for safeguarding.

12:23

We've been key partners in the largest ever research into modern slavery.

12:26

And you can hear more about that on Wednesday if you come to our conference.

12:29

So we work with the Rights Lab on the aspect of the risk of exploitation to people with cognitive impairment, which is really exciting and really, really important research.

12:42

And aside from all the amazing work days touched upon it already, we've invested in new training management system, which has helped us to begin to streamline our operations to create valuable time for our staff to work on other things.

12:53

And I recognise, and I'm saying this to any staff that might be here, that this hasn't been without its teething problems.

12:59

However, we are getting there with it and, and, and it's a real been a real step forward for us.

13:05

And I just wanted to personally thank Sarah and Nat for all their hard work on that because I know they've been the two people that have worked mainly on this system along with others, But, but they're the people that have have faced the, the, the stresses and the, and the trauma of, of, of putting that into place.

13:21

So well done, Sarah and that for sticking with it.

13:23

And I think we're, we've got a system now that, that, that is hopefully one that we can use moving forward in terms of that whistle stop tour.

13:33

That's it in terms of what we've, what we've achieved.

13:35

As I say, our annual report will detail many more of our successes.

13:39

Just want to just briefly talk about finance.

13:43

So for the year we showed a net surplus of of 39,000 pounds 816 for the year, which is really good.

13:52

So our closing reserves, unrestricted reserves stood at 383,000 pounds, 350 nine, 383,359 lbs sorry of unrestricted reserves, which is up from 343,000 and and a little bit the year before.

14:11

And that's why within our our reserves policy that that we set.

14:16

So our total income for the year was 877,911 as opposed to 808,000 lbs the year before.

14:25

So that's an increase in turnover of 8.6%.

14:29

So that's really pleasing for us because what that means is that more people are coming to us for support and we're able to support more organisations in relation to safeguarding.

14:39

And that is probably all I want to say in terms of our achievements and our finance.

14:47

And the last thing I want to say before I hand back to Dave is, is that that we are now officially into Safeguard and Adults Week.

14:53

So it's really exciting.

14:54

And, you know, we've got loads of stuff happening.

14:57

So please do get involved.

14:59

Use the hashtags if you are on social media of #safeguard and Adults Week and #safeguarding or hashtag SOA 24, which I do particularly like.

15:10

And I have to share with you before I hand back to you, David, that this morning I reached my my inacle of life in in what happened for Safeguard and adults Week in that my football team, who I absolutely love and cherish, who are amazing and the best football team in the world, West Bromwich Albion have have got fully involved with safeguard and adults week.

15:31

And they've been posting stuff this morning, which goes to I think 1.1 something million people that they they have following them across social media, which is absolutely fantastic.

15:42

So I had a double proud moment of of football and and and work all combining into one.

15:48

So I was very tough with myself this morning.

15:51

And that is probably all I will say and hand back to you, Dave.

15:55

OK, thank you, Stuart.

15:57

I'm loathe to get into a football conversation with people.

16:00

Yeah, let's not.

16:01

I can see that that is just just filled with with with pitfalls.

16:06

OK, That's that's fabulous.

16:08

Thank you, Stuart.

16:08

Thank you for that.

16:10

Yeah.

16:10

The last thing is, is, is this is this is just the start of adult safeguarding week, something that that we at the Aircraft Trust are incredibly proud of and we hope to see you along the way.

16:22

See you at the conference.

16:24

If you're there, please say hello.

16:26

It would be lovely to catch up with you.

16:28

But enough now I'm going to hand over to sense.

16:31

I've been aware of census work for a long time, most of my, my, my career in higher education.

16:38

And I'm really excited that they are going to talk to you about consent and choice.

16:42

Thank you.

16:46

Thanks, David.

16:47

So yeah, So Steve and Tracy, welcome.

16:49

So Steve, I will let you guys introduce yourself, but they're here today to talk to us about Understanding abuse project, which is around choice and consent, which is a pilot project, isn't it?

17:00

And I'll probably leave it there and just let you guys explain what you're what you're going to talk to us about.

17:08

Thanks, Stuart and Dave, and I hope we can actually give you an interesting talk today.

17:13

I'm sure you'll enjoy it.

17:15

So my name is Steve Kikoff and I'm head of safeguarding for sense.

17:19

I've been in the role for quite a, I'm not going to tell you about any years, but for quite a few years and also been part of the handcraft safeguarding network, if you like, for many years.

17:32

And I'll let Tracy just introduce herself briefly.

17:36

Hi, I'm Tracy Girling.

17:37

I'm the identity, sexuality and relationships lead for Sense.

17:42

So I'm really lucky to have that role of been enrol in that role for about 2 1/2 years.

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It's a new role to Sense.

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I have worked for a Sense for a long, long time also, but not quite as long as Steve.

17:54

So yeah.

17:56

I hope you enjoy what we're going to talk about.

17:58

So we'll start, I'll talk again as as Stuart said, this is a pilot project that so we'll explain a bit more as we go along.

18:06

So how it all came about, so it was during one of our service user reference group meetings when we're actually discussing safeguarding and keeping safe with the group.

18:20

And when we're actually talking with that group, it became very apparent with many of them that a lot of the people we were supporting, their understanding of what keeping safe was, was about when they're out with staff looking after them and making sure they're safe.

18:34

So they talked about risk assessments, you know, making sure I do things correctly and I don't cross the road click properly.

18:42

And when I'm out they look after me.

18:44

So it actually got us to start thinking about how we actually do, we support people to understand safeguarding and abuse.

18:52

You know, we could traditionally try and go down the route of that this is abuse, this is physical abuse, it's a sexual abuse.

18:58

But we felt without the groups we work with that wouldn't really work.

19:02

What we wanted to do was try and support them into protecting themselves and understanding.

19:08

We thought the best way of understanding is can we get them to look at what is choice and consent?

19:14

Because we all have the right to consent and that means that that consent then works into all ways of our lives.

19:20

So it means that we consent to relationships.

19:22

We look at how those develop and what we want.

19:24

We have those, we consent to how we are supported and treated.

19:28

So that covers all the physical abuse as well and neglect.

19:31

And we also consent to all aspects of our life.

19:33

So all those choices and things that we make and all of those, if we can actually make those choices and realise that that's something that we can do at least being safer.

19:44

Very challenging concept.

19:47

We also recognise that in sense we, we talk about three groups of people we support with different levels of communication, which actually actually adds another layer.

19:56

So we have those who live with a level of independence and use formal forms of communication methods and generally have a, an understanding of abuse.

20:04

Well they they'd understand when something isn't right and they would say we also have another group who use non formal communication skills and rely them rely on staff to keep them safe at all times.

20:16

And they wouldn't probably wouldn't understand when something is wrong or how to deal with that.

20:21

We then have a third group who use both formal and non formal communication, but just to need additional support to understand concepts.

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That was a group this pilot project aimed at supporting because we felt if we can get it across to those group, that group, then that would be that.

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We would we could then adapt it to the other two groups if we needed to.

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So you can either make it more as easier for people to understand or we could actually change it so it's, you know, acceptable for people, for them.

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So we then had to go off to find the funding because like all charities, we don't have a bottomless pit.

21:00

So funding was actually sought and we actually managed to get it from what was at the Birmingham Fair Futures Fund, but it actually came with it a set of criteria and we had to show that the project would continue to to the improving outcomes and tackling inequality.

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It was also granted on the understanding that it had to be provided to people who were residents of Birmingham.

21:24

So we were lucky here because at our main centre in Birmingham, our Touch base centre, we have two groups we support.

21:31

1 is a college and 1 is a day service with two slightly different groups of people.

21:38

The college actually has people who tend to have a little bit more communication and then we have the data service where people do find communication slightly challenging.

21:49

And then we're lucky that we actually got a budget of £10,000 to to run everything.

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So that was why we set up the project and Tracy will now explain a bit more further about what we did in that project.

22:01

Thank you.

22:03

So as they've said, we knew we wanted to address the tricky concept of consent and we had had some discussions that we wanted to do it through drama, through the medium of drama, but we didn't quite know how to go.

22:16

So we talked about it a lot and it was a big responsibility.

22:19

Having 10,000 lbs, wasn't it, that we can do with this?

22:22

So fortunately, since we've got a projects team and they were there and they took us under their wing and involved some key people who could help us with that, how can we do it?

22:32

So Steph Tyrrell, who's our head of arts and well-being, she's already got a lot of contacts in the world of theatre arts and performance and was had done some work with quite a few of these groups before with sense people and so was able to lead the pitches to various companies.

22:49

So as you can see on screen, the group that we went with were called Vamos Theatre Group and we read their proposal.

22:56

We met with Rachel and Donna who are the artistic director and creative producer of the team and we agreed that they were ones for us.

23:04

So Vermont Theatre is EU KS leading full mask theatre company and it's in very inclusive practise based on wordless theatre.

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So it made it really suitable for the people that sent to work with who have complex communication needs, sensory needs and require adaptive communication in a lot of cases.

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And their learning is very much based on their individual and group needs.

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And Vermont were very familiar with that sort of the quote and as I said, sense of work previously with Burmos.

23:32

And we felt quite confident after having met them and seeing their mask work that their skills and experience with other groups, including the deaf community, equipped them to deliver the planned workshops.

23:45

So we communicated with them at length over a number of months.

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It felt like a long time, didn't it, before anything really got off the ground.

23:52

But it was a lot of good communication developing the project, talking to them about our vision about supporting people to understand that really tricky concept of consent.

24:03

And they needed to know as much as possible about the people that would be taking part and their communication.

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So we had to get consent to share that information and data protection side of things.

24:17

And the other thing that Van Will spoke to us about from their experience was the importance of training staff and involving staff very much in the whole process from the beginning.

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And they talked to staff about their role as being creative enablers for the people that they're supporting.

24:36

And so in the training, they were able to enhance the staff skills in active support and recognising non formal gestural communication and use, building on the intensive interaction type of approaches that the staff tend to use quite a lot anyway within sense.

24:51

And they're very knowledgeable about very, very much were very aware that the staff were the experts in communication with the people that they were supporting and understanding of those people, but they wanted to give them the confidence to support them to be curious and autonomous in that drama role play situation.

25:12

After when the trainers, we got feedback from the college staff and one of them said it was really lovely having the staff training beforehand.

25:18

And I thought that was really beneficial for us.

25:21

We were then able to support the students more in the build up to and during the the occasions that Vamos came to us.

25:30

And it was really important we actually built that staff training into the budget when we were that was the project.

25:38

So that was a very clear target for us when we started.

25:41

Yeah.

25:41

And it wasn't just the cost of training from Vamos, it was the cost of covering staff and staff line, wasn't it?

25:46

So yeah, little things like that we learned about, didn't we?

25:51

So eventually, after many months of the project planning, including that fine detailed budgeting and working out the money and logistics, the dates were set for three days in April this year, so earlier this year, and Vamos came to Sense.

26:06

So on this slide, you'll see without their masks on for a change.

26:13

Rachel is in the background and Honour is in the foreground.

26:17

So those are the people from Sense that spent the time with us and you'll see this in one of their introductory sessions each.

26:26

We did 3 sessions in also three days and we had two groups.

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So we had a morning group and an afternoon group and each of those groups did an hour long session that was followed the same routine.

26:43

So an introduction activity involving the masks, masked role play scenario and then followed by interactive sensory games.

26:53

And I'm going to give you a little bit more information.

26:55

We've got some slideshow and some lovely pictures of those interactions coming up.

27:01

So hopefully you'll get more of a picture of how the days went for people.

27:06

So these are the refer to them as the practise masks that Vamos introduced to people in the group.

27:14

And they were people were given time to explore the masks, choose if they wanted to put them on or put them on someone else what they wanted to do.

27:24

And Rachel and Honour did this with sensitivity and making it clear through gestures that people had a choice and that they were being asked for consent to interact.

27:33

So from the minute they came in and introduced themselves to the group, they were were wordless.

27:39

So non verbal they were using all the way through just gestures and body language.

27:44

So it it was really intuitive to people as well.

27:50

So people were given time to explore the masks, however was best for them to find out what they wanted to do with them.

27:59

The masks were very tactile in their nature, as you can see, as well as being really visually interesting.

28:05

And throughout each session, all of Honour and Rachel's interactions and communication were, as I said, through mine and gesture.

28:14

So Honour and Rachel used the professional masks to play out a story where they took on characters.

28:20

So these are some of the ones where people are playing around and interacting and talking about the emotions that they had.

28:28

And on the remote, we're getting everybody else to sort of reflect those emotions and what they thought those characters came from, didn't they?

28:37

And these are then when the next session where they introduced the role-playing and what we refer to as the more professional masks.

28:44

These are the ones that only Rachel and Honour were allowed to wear really.

28:48

When other people tried to put them on, it was more or no that you can use the practise masks.

28:53

These were the ones that were their personal masks.

28:55

But what they did involve people in was choosing the characters.

28:59

They had a selection, as you saw on the table, different masks that and they went around asking people to choose two masks that they wanted to be used in the role play activity.

29:12

And that gave Honour and Rachel the characters that they then took on for the little role plays that they did so.

29:31

The professional masks had hair and like the previous practise masks were very visual and very tactile.

29:39

So in day one this was some photos from the scenario that they did in day one and it included lots of different themes.

29:47

Greeting people, 1 character looking after and helping or making decisions for another character.

29:54

So that was the younger character in that you can see in the pictures was the carer was taking care of the older character.

30:06

There were themes of what happened if he wasn't happy with the decisions that the younger person was making, also saying no.

30:14

But then the older character also was stealing sweets and doing other things that people might thought weren't very appropriate or consensual.

30:23

So there are lots of different issues involving choice and consent in the number of different ways in that first day.

30:31

And during that the sessions, Vamos had briefed the staff to be narrators for the person that they were supporting, so to try throughout.

30:40

So although the characters weren't talking at all, the staff were encouraged to talk specifically to their person that they were with and say, oh, what's happening?

30:49

What do you think?

30:50

What, what are they thinking?

30:51

And be like, say, the narrators, but also questioning people with what they thought was happening or is that OK?

30:58

Or is that not OK?

31:02

So there was a lot going on At the end of the day of day one, we had a debrief with with by Mars and everyone said that it was really good and really interactive.

31:14

There's also done some the sensory sessions and other things.

31:17

But we had thoughts on the role play situation, that maybe there were too many issues in that one story for people to sort of pull out and have an understanding of what is maybe right or wrong or what is OK and not OK in in in interactions between two people.

31:36

And so on Day 2 and 3, when Rachel and Honour came back and were presenting the role plays, they adapt to the scenarios to focus on just one or two issues about consent and included situations that they'd spoken to the staff about and that the staff had suggested that their students, their participants, may have come across in the past.

32:01

So one of the particular stories that we focused on was someone trying to take someone else's mobile phone and using it without consent.

32:09

And that that seemed to work really well and people really got involved with that.

32:14

And we, we are going to show you a short video.

32:17

Some of you may have already seen it, but there's a short video with clips of some of those.

32:22

The final role plays that we used in there.

32:26

So the final section, the third section, were the interactive sensory games that brought everyone together and activities which gave participants the ability to agree, agree or not agree to take part.

32:42

And staff again have been prompted very much to respond to people and to use intensive interaction and mirroring and really read what people wanted to do with the different sensory toys.

32:55

So giant balloons were used, large silk scarves, ribbons.

33:02

On two days there was parachute games and people were involved if they wanted to be in the parachute games and some real sensitive mirroring, even just small finger games and where people were very much responding to the people they were supporting.

33:21

So it was really on every on the terms of the people we were supporting.

33:28

So some of the pictures are from these.

33:34

This group is from the morning group that you may have seen earlier in the next slides I think are of the afternoon group.

33:43

And we picked up within the first day that this group was a group where the role play was very much done in a shorter time and simplified in its messages.

33:56

And because their needs were very much more sensory needs and were less formal use of more use of non formal communication.

34:08

And so more time was spent with this afternoon group in doing a lot more of the sensory work, wasn't it?

34:14

And the getting and giving consent through those sort of games and sensory games.

34:19

And it worked really well with people.

34:24

So I think, yeah, move on to the the video.

34:30

So if we've got a little short video to show you which brings all together.

34:41

The project is about helping the people we support to understand consent and choice that their know is as valuable as they get.

34:49

They've each done 3 sessions working with Demos Theatre company.

34:52

They understand the people we support.

34:54

They're using gesture masks, non formal communication.

34:59

The masks don't speak.

35:00

So we've set up different scenarios that relies on deep listening for the choices that they could make, built through conversations with the teachers and the staff.

35:13

The choice of the masks that people touch and feel or actually wear, interspersed with the giant balloons to the ribbons to the scar.

35:23

Often people actually will just acquiesce or just agree to anything that's asked for them.

35:27

If you can start to believe that, you know, I've got a right to say no, and that could be the way you do personal care with me, the way you use my property, the way you expect relationships ago or what I'm doing.

35:39

If you can actually understand that you can say no to that, then the power comes back to you.

35:44

This is a pilot project.

35:46

We've seen people make really big strides in those normal sessions.

35:49

And if we can get it right for these particular groups where they've got very little formal communication, just imagine what we can do for everybody else.

36:07

OK, so that was a bit of an overview of the sessions on the video.

36:13

So I'd like to take you through some of our case studies, some of the people who actually participated and you will go through those.

36:21

So the first person is a person called G He's a 24 year old young man, very outgoing and the staff who support him I described him very as being very intelligent, cheeky, eager to learn, inquisitive, a really good problem solver, energetic, friendly and affectionate.

36:41

He also needs supported by keeping a very close routine and allowing himself to be independent and being kept busy.

36:50

He also uses the total communication and likes to have quiet time when he gets frustrated.

36:55

He needs time to process information and when he's anxious or frustrated, time away can help him just to regulate and reengage.

37:03

And he actually likes to be included and knowing what time things are happening.

37:08

So G actually joins us for all three sessions and was really a really positive participant and for the first session was very eager to join in.

37:17

He enjoyed exploring the masks and observing the short interactive theatre scenes and he's actually supported by a support worker explaining to him what was happening all the way through.

37:29

As I said earlier, G is very routine based, but and each at each session they actually ran over particularly at lunchtime and he actually likes to have his lunch bang on 12.

37:40

But he actually accepted so well that actually I want to carry on on this session, which is another big step for him.

37:48

He also took the interest in the role play of understanding giving consent after having his picture taken.

37:53

And he seemed to understand what we were trying to get to work him to understand through that.

37:59

And over the next workshops that culminated in a role play of one of the characters who took a mobile phone away without permission.

38:06

And again, the person actually felt very confident enough to go to approach them and actually using very calm signing, told the character it was wrong and would they give the phone back.

38:18

In the past, what had happened with with this young man is he would use very forceful means to get to tell people what was happening that was wrong.

38:26

And this again was seen as a really positive step for him.

38:29

And again, we actually asked him to try and provide feedback on these, on these experiences using a very simplified questionnaire.

38:37

And he actually fed back that he enjoyed the sessions, which was good.

38:41

And there was nothing he didn't enjoy.

38:43

He liked it, he liked the acting best and in response to a question about if he asked, if someone asked him to do something you didn't like, what would he do?

38:51

He actually used a sad face.

38:53

So hopefully we can see that he actually made some progress there.

38:58

Our next young person was a 20 year old young man.

39:02

His support staff again described as a good listener, being very friendly nature, lots of energy, thought for the mothers.

39:10

He likes support staff to approach him, Sensitivity, sensitivity and allow there is space away from groups if he's being overwhelmed.

39:20

Gestural verbal prompts work well.

39:22

He does have a communication book with him which uses interactively but not always.

39:27

He's happy to use that and he likes reassurance when he needs it.

39:31

He doesn't like loud screams or sounds and he loves to be supported to have space when that happens around him again.

39:39

He enjoyed all the sessions, was very happy to participate and initially he was very hesitant in the first sessions about the masks, but over the sessions he became much more happy to explore the masks, even accepting wearing by himself.

39:54

And then in the final session is when we we saw something which was wonderful to us.

39:59

For the first time in two years, he actually requested and initiated a hug from one of the acting characters.

40:08

So it wasn't a member of staff, it was somebody who'd only met a couple of times beforehand.

40:13

And again, that's never happened before as he could actually be quite tactile defensive.

40:18

And now after the hug, he actually signed thank you.

40:20

Again, he was supported to complete a feedback form.

40:23

And again the sessions he enjoyed with the masks, the balloons, being under the parachute.

40:28

And again he asked him if he if he was asked to do something he didn't like, he said I will.

40:35

He would say no thank you.

40:37

And again, he really want the theatre group to come back again and again following the sessions in the college, the staff there have actually noticed how he's much more comfortable in saying no.

40:47

Again, sometimes people don't like that, but he's actually learned I can say no.

40:51

And it has a people listen to me.

40:53

And again, it's been noted with another participant also on the project who's also started to use choices in context, whereas before they'd only make choices in a classroom because they saw that as a safe space and there's a theoretical thing to do.

41:08

Our final person is another young man, 24 year old young man, again profoundly deaf and actually use a sign language, photos and widget.

41:18

He enjoys people talk to him and will actually vocalise and reach out to get people's attention.

41:23

Again, he likes to work with jolly and animated people.

41:26

He has the ability to challenges but will always have a go if he's encouraged.

41:30

He actually may become upset if he doesn't want to do something or if something isn't right.

41:34

So he actually is.

41:35

Again, time to process things, but what's being asked to him and he needs to participate several times before actually joining in.

41:41

So he actually sits on the sidelines and then he'll join in at his own pace again.

41:47

A person attended the session with his support staff who's actually also themselves deaf.

41:52

And again, through that threat of three sessions, it was noticed he actually started to communicate more and more with each session, asking questions.

42:00

And then he started to initiate choices, especially when using things like the balloons.

42:04

And he was making the choice and controlling that little bit of the session.

42:07

And again, the feedback from his staff indicated that what he seemed to enjoy the sessions was making small decisions and choices.

42:15

They were unsure if he actually graphed the concepts linked into the consent and keeping safe.

42:20

But again, it was a start because he's actually making choices, which is what we wanted.

42:26

So we actually looked for, we actually asked some of the feedback from the participants.

42:30

And we actually, one of the questions we did ask is if someone asked you to do something you don't like, what would you do?

42:35

And one person said they wouldn't interact or reach a hand.

42:39

Somebody said we'd ignore them or move away.

42:42

Another say no thank you and somebody else will tell the teacher.

42:46

So again, we were getting feedback to say we were actually, you know, people were actually understanding a little bit about what we were trying to get people to understand.

42:55

We also asked the staff about the learning and how it's transferred back to their college and base camp settings with day services.

43:02

And they've talked about one person starts to engage with other young people despite her parents perception that she self isolates.

43:10

And again, that was something they saw was a big step forward.

43:14

One young man said no, that's wrong.

43:16

When he was we and he would usually say yes to everything.

43:20

So he's actually realising he can't say no and another one person initiated the contact with the other person and again in two years he had never done that.

43:31

So when we asked if you were treated badly, they said one person came back and I think we talked about G, he said see what the new characters are up to.

43:39

So he was actually thinking, well actually if I go back to more sessions, I can find out and then maybe they'll tell me.

43:45

And one of the college staff noted that the more the session in the morning was brilliant set out for the students because we actually adapted.

43:53

So we went along and again, the theatre group worked with us on that.

43:57

So we changed some of the ways they could say no or so we said you have a thumbs up or thumbs down.

44:03

So we could give them the same communication people could understand.

44:07

Or are you used to?

44:10

So the impact of the individuals who attended the workshop, well, we've seen it's increased some of their opportunities and their experiences and actually gave me a chance to experience a spectrum of relationships with friendships.

44:29

And we hope that's going to be moving on further, which are very much more meaningful.

44:33

And they're, they're based on what they want and they're safe for them to make those choices.

44:39

They've also begun the journey to be able to choose if and how they wish to experience and explore anything within their, their worlds.

44:47

So they can, we've hopefully to move on more about sexuality and identity in a really, you know, respectful ways.

44:55

And we wanted to, we could see, we want to see them having an increased understanding of their rights and what they, what they, how they should be respected and how they want to be treated.

45:06

So again, we're trying to move that along.

45:09

But it wasn't all good.

45:11

There were things that we found were challenges.

45:16

First of all, some of the raging meetings with Vamos because of their touring schedule, because they're actually on tour as well.

45:24

They don't know, you know, we can't just ring them up And we, we had to give extra time and make sure that we could fit that in with their schedule to make sure we did the plans.

45:34

The other thing is when we set it up, we had no budget for photos and the videos, which again was a big challenge.

45:42

So we had to, we looked at our internal budgets.

45:44

We managed to pull the money together for that.

45:47

Again, we recognise that video is a really good technique to actually not only just record what's happened, but to reflect back on what was happening.

45:55

Because when you watch a video, you can see all those little nuances that we quite often miss when we're involved in thing.

46:01

And then the collection of monitoring data.

46:03

Again, we went down the the the poor route, which we know now of just distributing

questionnaires to start off, although we adapted them to make sure they're in different formats.

46:14

We gave it to the staff in the hope they would bring it back.

46:17

Unfortunately, staff being busy and up trying to find the time with the people meant that that didn't always happen and we had a lot of chasing.

46:26

What we've realised in the future we need to set back part of the session or add it where we can sit down with the people and actually ask that maybe we put out the video or work with them to give their responses straight away.

46:40

We also noticed that it's it's just a starter.

46:44

This is just the beginning.

46:46

It was one small pilot project which we felt was really supportive and really working well, but it's only the starter.

46:55

But we've got good news.

46:57

We actually heard last week that fair futures have come back to us and they've awarded us another three-year grant of a significant sum to continue on with the project.

47:06

So we now know we've got the money for another three years to expand the project and develop it even further.

47:13

So that's our fair futures consent project.

47:16

So we're quite happy to have any questions.

47:22

Stop sharing, we've got a clap.

47:34

We always like it when we do get any questions.

47:36

Makes our life easier.

47:37

There is someone with a hand up Joe.

47:41

Yeah.

47:41

Hi there.

47:41

My name is Joe by first.

47:42

I'm a safeguarding officer with Kemp Farm Rescue Service.

47:45

Our our crews go out to instance and are in a privileged position whereby people trust fire crews inherently.

47:52

And I just wonder if you've got any practical tips that you could give me I could pass on to our crews that may make them easier to communicate for people with complex needs that you've described.

48:07

It's a bit of a challenge with not knowing the people, but it's quite often gesture if you use very clear gestures with people, even just the simplest, like thumbs up, thumbs down to see if you're OK, not OK.

48:20

Yes, as a as a yes, no head nodding, shaking, those sort of things.

48:25

If as long as people have got vision.

48:30

OK, Thanks very much.

48:31

Thank you.

48:31

Do you have, do you have resources on your website, Steve Tracy to we do have a, what we call keeping safe resources on the website, which you can actually access.

48:42

That's got lots of different ways of you can work with people.

48:44

We also have lots of things on communication.

48:47

So there's information there on the website you can access.

48:52

Yeah, thanks for that.

48:52

I've also found a link to that YouTube that you put on this.

48:55

I'm going to, I'm going to get that out to our, to our crews and the rest of our DSO.

48:58

So and I'll also sort of link to your, to your website as well.

49:02

So thank you for that.

49:03

Yeah, but there are, if you know that people have got any hearing impairments as well, we've got stuff on our website about some basic sign language and finger spelling and deaf blind manual & language as well and total communication.

49:21

So there's quite a lot of different communication methods that you can find there.

49:25

Thank you.

49:31

So I know all the hands.

49:32

Oh, Dave's Dave, David Marvel just put his hand up.

49:37

You know, I'm not going to let you get away, Steve, without asking some questions.

49:41

I'm sorry.

49:42

I guess I'm very interested in creative ways of working with people who, who need a lot of help when we when we're trying to communicate with them.

49:52

And, and particularly, I mean, you mentioned intensive interaction there as, as, as one example, couple of things about you.

49:59

So you've got three years more money.

50:02

Clearly Vamos are, are some very skilled, creative and inspired people.

50:08

But my guess is a lot of the staff that work at Sense are also skilled, inspired and creative people.

50:19

Two things then, is there an aspect of the three-year new bit funding that includes training up, scaling up your staff?

50:33

I'm assuming there is.

50:34

I'm just letting you talk about it.

50:35

I'm just, I'm giving you the, I'm crossing it.

50:37

You've already in now.

50:38

OK, that's well, I mean, part of our plans for the future.

50:41

One thing we think about how do we spend this money?

50:43

Because it's, it's, you only get it once.

50:46

So we've got to be careful of how we spend it.

50:48

It might be a lot of money at the moment, but we one way we could go is we could just keep using Vamos all the time.

50:55

But that, yeah, that's never going to be as expensive and be what happens when the funding runs out.

51:01

So what we want to try and look at is to see if we can part of the funding we'll use to try and create training packages whereby Vamos teach our staff how to how to run the sessions and then our staff can go away and become the experts and they're very keen for that as well.

51:18

They're very keen.

51:19

So we could actually then do that, do it that way.

51:22

And then we've actually got a a, we've got a trading package and we've actually got a group of staff who can then go out and do more work.

51:30

And it means it carries on beyond the three years.

51:34

Yeah, I was, I was guessing you did.

51:35

I just wanted you to say it.

51:38

And I guess the other bit for me is about change.

51:41

So you talked about a couple of examples of people changing their behaviour.

51:45

Are you noticing changing behaviour between your service users as well as including changes in, in terms of responding to staff requests and so on?

51:56

We're the unlucky ones because we just get, we're going to do the sessions.

52:00

We, because we don't work directly in the services all the time, we don't get to see that.

52:04

But the feedback we're getting from staff was initially they were seeing very, very clear changes with the people that were done with the groups.

52:14

And for one particular young person, he's actually been, he's actually now moved into more independent living.

52:20

And again, that wouldn't be possible because he's now, he's actually now picked up some skills, some different ways of expressing himself.

52:29

He suddenly realised there's better ways for me to express myself, which is really good.

52:33

So he's actually moved on from that.

52:35

And I think within the long term projects, it's something as well we'd very much be building in is that for develop, monitoring the development of people and how and getting them to feed into what, you know, what they're doing and how they're interacting with each other as well as other people.

52:51

So become very much about relationships as much as consent and minimising abuse situations.

53:00

Yeah.

53:01

Fabulous.

53:01

You get me a lot to think about.

53:02

Thank you so much.

53:03

I will, I will.

53:04

I will hunt out the video and OK, thank you.

53:12

I can't see any more hands.

53:13

But for anyone that is looking for the video, Elliot has very helpfully posted it into the chat of this meeting so you can't find it there.

53:22

I am seeing no more hands.

53:26

So on the basis of that, I am going to say a massive, absolutely huge thank you to you both for coming.

53:36

I've found it really, really interesting And, and well, I, I, I would say that obviously following a conversation with yourself, Steve invited you to come and talk to us because I found it so, so interesting How, how your, your approaching this, this, you know, issue of choice and consent so innovatively.

53:56

And I think it's a really good insight into how you can do that in different ways.

54:01

And hopefully that's going to inspire others to, to think creatively.

54:05

So thank you very much for your, for your input and supporting us with, with the start of safeguarding adults week.

54:15

Well, thank you for inviting us and allow us to talk a bit about artwork.

54:18

Thank you.

54:18

And I will be at the conference on Wednesday, I hope Wednesday.

54:22

Is it Wednesday if he's on Wednesday?

54:24

Yes, Yeah.

54:24

We're also going to chat to me and they're there.

54:26

I'm quite happy to sit down with you.

54:29

Excellent.

54:30

Oh, that's that's a really good kind offer, Steve.

54:32

Thank you.

54:32

I'm sure that people will will take you up on that.

54:35

So brilliant.

54:37

And so that is the end of it from this respect.

54:41

I'm going to Dave's just put his hand up, but I was going to hand back to you Dave anyway to to formally kind of close the session and then we're done.

54:50

I think, OK, I'm mistakenly put my hand up.

54:53

My, my, my ability with machinery is, is limited this afternoon.

54:56

So yeah, thank you.

54:57

Yeah, thank you for everybody listening in and look forward to seeing you on on Wednesday, you people.

55:06

Yeah, thank you everybody from Handcraft for all of the the skills and monitoring the chat and so on.

55:12

I shall, I shall look forward to using your video with my students and getting them to think about how we, how we communicate with people who who are who are non formal in their communication.

55:21

So thank you ever so much.

55:23

OK, good stuff.

55:26

Brilliant.

55:27

Stuart, thank you ever so much.

55:29

That's it, we're all done.

55:30

Thank you all for attending and those that come in Wednesday, We'll see you then.

55:33

And if you're not, please do use the hashtags and various other social media things to celebrate and share information about Safeguard and Adults Week as it goes on.

55:43

And you are free to go.

55:45

Thank you.