

Safeguarding Bulletin

Safeguarding adults and young people at risk

ann craft trust
acting against abuse

October 2023

Issue 125

Bringing you the latest research and news on safeguarding adults and young people at risk.

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Ann Craft Trust Safeguarding Bulletin

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Editor's Note—Stuart Sale, CEO

Welcome to another edition of our safeguarding adults bulletin.

It's really exciting for me to be a part of this year's Safeguarding Adults Week (20–24 November) as a member of the Ann Craft Trust team for the first time. Having been on the 'other side' receiving information and themes that allowed my previous organisation to organise events for the week, it's humbling to see the effort that the team put into making the week a success. It's all led by the brilliant organisation skills of Charlotte Brooks, but it's a real team effort and the results are always fantastic.

This year, our main focus is on wellbeing. If we look after ourselves and our staff, we'll be better able to look after the people we support. In this bulletin you'll find a roundup of all the fantastic free events that will be taking place during the week. And please do share what your own organisation is doing this [#safeguardingadultsweek](#).

During Safeguarding Adults Week, our Annual General Meeting also takes place. Beyond the formal arrangements of the meeting, this year we'll be joined by Open Door and that National Trust. They will be providing an insight into how they developed safeguarding arrangements in their organisation, and providing some hints and tips to organisations at the start of their journey. Places are still available for this FREE online event and you can sign up [here](#).

“

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”

This bulletin also includes details of our new training and event booking engine, **CourseSight**. This new software makes it easier than ever for you to book, cancel and manage courses yourself, providing you with greater flexibility. For organisations who book multiple delegates onto our open courses, or who book one of our bespoke courses, you'll also be able to track delegates and see information about their course completion. We're really excited to be using this new system and we hope you'll find it easy and intuitive.

Finally, I wanted to share with readers that staff and trustees have been working together to review our safeguarding adults strategic plan. We'll be launching the new strategic plan at our Annual General Meeting in November. It will set out our main areas of focus for the coming years. It's really exciting for us as we look at how we can continue to work in partnership with a growing number of organisations to raise the profile of safeguarding adults across the UK.

As ever, happy reading!

Safeguarding Yourself and Others

Safeguarding Adults Week
20 – 24 November 2023

WHAT IS SAFEGUARDING ADULTS WEEK?

Safeguarding Adults Week is a time for organisations to come together to raise awareness of important safeguarding issues.



A FOCUS ON WELLBEING

For the 2023 event, we're focusing on the links between safeguarding and physical and mental wellbeing

WHAT IS WELLBEING?

Wellbeing can refer to your mental and physical health, your relationships and connection with your community, and your contribution to society.



WELLBEING & SAFEGUARDING

Living free from abuse and neglect is a key element of wellbeing. Also, if someone's wellbeing is suffering, they may consider certain actions that put them at risk.

LOOK AFTER YOURSELF

Good safeguarding means looking out for others. But looking after yourself can put you in a better position to help and support others.



GET UPDATES & FREE RESOURCES

Visit
tinyurl.com/ACTSAW23
or scan here →



#SafeguardingAdultsWeek

Safeguarding Adults Week 2023 Events



Safeguarding Adults Week is a time for organisations to come together to raise awareness of important safeguarding issues.

This year we'll be focusing on Safeguarding Yourself and Others.

There's a strong link between safeguarding and mental and physical wellbeing. If someone's wellbeing is suffering, they may consider certain actions that put them at risk.

[We have added more free resources to our website](#), including social media templates, to help you spread the word about Safeguarding Adults Week.

Safeguarding Adults Week Events

Monday 20th November, 10-11am: ['Who's looking after the people looking after the people?'](#) Ian Braid will lead a session about how individuals can look after their own wellbeing when supporting others.

Monday 20th November, 1.30–3pm: [Ann Craft Trust Seminar and AGM](#). We will be joined by two organisations who will discuss how they've embedded safeguarding adults into their organisation.

Tuesday 21st November, 10–11am: [Let's Start Talking – Taking The Lead on Safer Cultures in Your Organisation](#). Laura Thorpe will set-out what makes a safer culture and provide participants with the space to reflect on the culture within their organisation.

Wednesday 22 November, 9am – 4pm: [Looking After Yourself & Others: Ann Craft Trust Safeguarding Adults Conference 2023](#). Our conference provides a selection of informative keynotes and workshops that enable you to learn about effective techniques for safeguarding the wellbeing of yourself, your staff and the people you support. Our conference has now sold out! If you've already booked your place, we'll see you there.

Friday 24th November, 10–11am: [Developing Boccia England's 'Your Wellbeing Toolkit'](#). We will be joined by Boccia England to learn about the creation of their wellbeing toolkit. This will be followed by a discussion about how to support the wellbeing of players, volunteers and staff in sport and activity organisations.

How Can You Support Safeguarding Adults Week 2023?

**Safeguarding
Adults Week 2023**
Monday 20 – Friday 24 November
#SafeguardingAdultsWeek

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Safeguarding Adults Week 2023 will take place 20 – 24 November.

It's an opportunity for organisations from a range of sectors to join forces to:

- Raise awareness of key **safeguarding issues**.
- **Start conversations** about safeguarding.
- **Develop confidence** in recognising signs of abuse and neglect, and recording and reporting safeguarding concerns.

Looking After Yourself and Others

The theme for Safeguarding Adults Week 2023 is 'Looking After Yourself and others'. We are focusing on how you can prioritise the welfare and wellbeing of yourself and others. Each day of the week will focus on a different [safeguarding theme](#):

Monday – What's My Role in Safeguarding Adults?

Tuesday – Let's Start Talking – Taking The Lead on Safeguarding in Your Organisation

Wednesday – Who Cares For The Carers? Secondary and Vicarious Trauma

Thursday – Adopting a Trauma Informed

approach to Safeguarding Adults

Friday – Listen, Learn, Lead – Co-Production With Experts by Experience

How Can You Or Your Organisation Get Involved?

[Sign up](#) to receive your free electronic Safeguarding Adults Week resources from the Ann Craft Trust!

[Share](#) our free podcasts, posters and resources within your organisation. You could also create your own.

Use #SafeguardingAdultsWeek on social media to share your safeguarding initiatives or our resources!

Develop your knowledge – Complete one of our [e-learning courses](#) or book onto one of our [safeguarding adults training events](#).

[Complete the Ann Craft Trust](#)

[Safeguarding Adults Checklist](#), This will test your safeguarding knowledge and identify whether your organisation has appropriate policies and procedures in place. When you're done, we'll send you free resources to help develop your practice.

Attend a free online seminar run by the Ann Craft Trust. During Safeguarding Adults Week, we will be hosting free online seminars that anyone can join. See page 7 of this bulletin and our [events page](#) for

more information.

We hope you can support Safeguarding Adults Week 2023.

If you would like to know more, have a resource you would like to share with us, or have any further questions, email us at ann-craft-trust@nottingham.ac.uk.

Want some more inspiration on how you can support the week? Choice Support has a whole week of activities planned—[take a look](#).



Safeguarding Adults at Risk Training for Managers and Safeguarding Leads

This online course will explore the roles and responsibilities of managers in terms of safeguarding adults at risk.

We'll cover best practice, the expectations of regulators, and lessons learned from safeguarding adults reviews.

These courses always fill up fast, so don't miss out!

Monday 13 November—Wednesday 15 November 2023 [Register Here >>](#)

Tuesday 5 December—Thursday 7 December 2023 [Register Here >>](#)

Inheritance Wars—New Documentary About Predatory Marriage on Channel 5



“Who gets the money?”

A documentary exploring predatory marriage, and its impact, aired on Sunday 1 October on Channel 5.

The documentary featured Daphne Franks, who has been campaigning to change legislation and raise awareness about predatory marriage.

In March 2016, Joan Blass was almost 92 years old, with severe vascular dementia and terminal cancer. She was unable to make decisions of her own, and she never knew that she had remarried just five months before her death.

Daphne tells the story of a secret marriage, a revoked will, an unmarked grave, grooming, gaslighting, a Private Member’s Bill and a campaign to highlight all the issues.

How Does This Keep Happening?

There are many issues with current marriage and inheritance law:

- If an individual has set up a power of attorney, the attorney is not notified if the individual then marries.
- Notifications of marriage are displayed on notice boards in

register offices, yet they are not listed online, and it's not easy to search for a current list of notifications.

- No evidence is kept at the point of marriage, and video and audio recordings are not made as a matter of course. So once a marriage certificate is attained, the resulting impact on wills is almost impossible to challenge.
- Registrars have a responsibility for judging an individual's mental capacity on the day. However, some registrars may not have adequate training on dementia or mental capacity. They may not know what signs to look out for that might indicate that a person cannot consent to a marriage.
- There is an absence of information-sharing between different relevant organisations along with an absence of standardised safeguarding or mental capacity training.

[You can watch the documentary on Channel 5.](#)

[You can also listen to our Safeguarding Matters podcast with Daphne and our Head of Safeguarding Adults, Lisa Curtis.](#)

Discussing the Spotlight on "The Inheritance" and "Inheritance Wars"

Jennifer McGuinness, Partner in the Contentious Probate team, Myerson Solicitors.



Some recent TV documentaries have shone a light on the complex world of contentious probate, prompting public discussions and inquiries into this legal niche.

Narrated partly through the touching medium of personal home footage, "The Inheritance" narrates the tale of three siblings coming to terms with the unexpected demise of their father. Their bewilderment intensifies upon discovering that they were excluded from the Will in preference to an enigmatic lady their

father had secretly wedded. Such situations, as depicted, aren't rare; the audience witnesses revelations of a concealed matrimony, peculiar bank activities, health and substance concerns, undue persuasion, alterations to a long-held Will, and potential cognitive decline. Such elements, under certain circumstances, can serve as the basis to contest a Will.

In England and Wales, there's no imposed responsibility to bequeath assets to offspring or any other party; everyone

enjoys complete "testamentary liberty" to distribute their estate as they deem fit. As encapsulated in a Will or Codicil, these desires are legally upheld. However, Wills can face challenges, mostly on two fronts.

Challenging the Legitimacy of the Will

Typical reasons for these objections include:

- Forgery
- Insufficient "testamentary capability", meaning the individual drafting the Will lacks the necessary mental capacity
- Undue pressure or manipulation causing the Will's creation
- Unawareness and non-approval of the Will's specifics
- Improper execution, meaning the Will wasn't executed in line with the requirements of the Wills Act 1837

If such a claim triumphs, the deceased's assets are reallocated either according to the prior Will or based on intestacy rules if no earlier Will exists or if a matrimony has nullified any prior Will.

Initiating a Claim under the Inheritance (Provision for Family and Dependants) Act 1975

This legislation was established to empower certain individuals to lodge monetary claims from the estate.

Qualified claimants include:

- A deceased's spouse or civil companion
- A former spouse or civil companion not remarried
- An unmarried partner cohabiting with the deceased for at least two years before their demise
- Any of the deceased's children, comprising out-of-wedlock or legally adopted children
- Someone regarded by the deceased as their child
- An individual financially reliant on the deceased

If one matches any of the listed criteria, the following step involves evaluating if the Will or intestacy provides adequate financial support.

A pivotal aspect is that claims should be initiated within half a year from when the Grant of Probate or Grant of Letters of Administration is issued. Beyond this timeframe, claims may necessitate a

special court application.

Key Aspects in Evaluating an Inheritance Act Claim

The court considers several factors when appraising an Inheritance Act Claim, including:

- Your current and potential financial circumstances and necessities.
- Financial situations and requirements of other claimants or Will beneficiaries.
- Any duties or commitments the deceased held towards any claimant or Will beneficiary.
- The overall value and nature of the assets.
- Any physical or mental challenges faced by any claimant or beneficiary.
- Any other pertinent details, such as the conduct of the claimant or other individuals.

Should the claim prevail, the claimant might receive a monetary amount or another provision (like property rights) that the court deems suitable. For non-spouse/civil partners, this typically mirrors the necessary "maintenance", not what's deemed "equitable".

Inheritance Wars

"Inheritance Wars" delves into actual contentious probate scenarios. A recent episode highlighted the troubling situation of Daphne Franks and her mother, Joan Blass (see page 12). This case spotlighted the "opportunistic marriage" phenomenon. As previously highlighted, nuptials invalidate a Will. In Daphne's situation, Joan, a dementia sufferer, had secretly married a man two decades her junior, catching the family off guard. Consequently, upon Joan's passing, her family inherited nothing; everything went to her new spouse.

As a deceased's child, Daphne qualifies to initiate an Inheritance Act claim. Yet, due to the absence of a maintenance necessity from the estate, her claim would have likely been rejected.

This case reaffirms that subsequent challenges to marriage legitimacy are unfeasible. Even if nullified during a lifetime, the matrimony's occurrence still negates any prior Will. Counteracting this demands a post-matrimony Will or one prepared with matrimony in mind. Daphne Franks continues advocating for legal revisions.

Jennifer is a Partner at [Myerson Solicitors LLP](#).

Ann Craft Trust Launches New Events and Training Booking System



As part of our training service offering, we have invested in a new online portal that will help you to book our events and training more efficiently and at your convenience.

In October 2023, we launched a new booking engine using **CourseSight**. This easy-to-use software not only allows you to book, cancel and manage courses yourself, but also tracks your delegates and their course completions in one central location.

Here is a guide that will help get you started when booking your training with us.

How do you search for training?

You will be able to access our catalogue of events and training straight from our website as normal via [our events page](#).

When you click for more details and booking, you will be transferred to our booking engine. Here you can either book that course, or filter your search results to show you more options.

You can refine your results by searching a Keyword, Category, Location, Timeframe, Qualification, Delivery Method and more.

Booking an Open Training Course

Before booking a course, you will need a CourseSight account. It is free to register!

[You can create one here](#), or by

contacting support@coursesight.co.uk.

Booking a Bespoke Training Course

We still offer bespoke training courses. We develop these to suit your organisational needs at a level that is relevant to your employees. If you would like more information you can [get in touch](#).

Booking as an Organisation

Your entire company can have logins to one CourseSight account. This means that all of your training will be recorded and accessible in one central location. Once you have created your company account, you can add as many users as you like.

CourseSight enables you to book and pay for multiple courses online, with both debit and credit options. Once you've booked, you will get your VAT receipt and joining instructions within minutes.

In some circumstances we will allow organisations to request invoices at a later date. But please note that this will only be possible through prior agreement with us. Also, to request an invoice, your organisation must be linked with the Ann Craft Trust on CourseSight.

Linking With The Ann Craft Trust Training Page.

The CourseSight linking system enables us to build smart communities with the organisations we work with.

Smart communities allow us to make specialist arrangements, on request.

By linking with us, you can:

- View and book any private courses we offer.
- View and use automatically applied discounts without any additional administration required.
- Access to the option to pay later by invoice.

How To Link With The Ann Craft Trust on CourseSight

To create a link, you simply need to send a request via the 'Links' tab in the sidebar menu on the left-hand side of your CourseSight account.

Then click 'Add Link Request' to request to link with us.

If you would like to know more about this platform please contact us at ann-craft-trust@nottingham.ac.uk

World Mental Health Day 2023



10 October was World Mental Health Day

This year's theme, which is set by the [World Federation for Mental Health](#), is **“mental health is a universal human right”**.

World Mental Health Day is an opportunity to show everyone that mental health matters.

Mental health is a complex issue. Often, a person's wellbeing is determined by a combination of biological, psychological, and social factors. Getting help with mental health can involve developing new coping mechanisms and finding the right therapy.

Organisations have a duty to care for the

welfare and wellbeing of adults and to safeguard them from abuse.

For [Safeguarding Adults Week](#) this year we are focusing on how you can prioritise the welfare and wellbeing of yourself and others. We have some great online events that will explore wellbeing toolkits and developing safer cultures.

Ann Craft Trust Mental Health Resources

- [Safeguarding Your Mental Health at Work](#)
- [Share: Consent, Confidentiality and Information Sharing in Mental Healthcare and Suicide Prevention](#)
- [Improving Mental Health Talking](#)

[Therapies for Autistic Adults and Young People.](#)

- [Safeguarding In Sport : A toolkit for supporting participants with their mental health.](#)
- [Podcast – Former International Rugby Player Rhys Thomas tells his story and shares his advice for anyone involved in sport who may currently be struggling with mental health issues.](#)

Additional Resources

- [Mind’s guide to supporting staff with mental health challenges.](#)
- [Practical tips for self-care when working in safeguarding from the NCVO](#)
- [Mind – Mental health of people working in the emergency services, such as the police, fire, search and rescue and the ambulance service.](#)
- [Your Mind Plan from The NHS](#) – which asks you five questions about your mental health to provide you with bespoke advice.

Supporting World Mental Health Day

[Mind has some new resources to help you support World Mental Health Day.](#)

You can also access more support and information from [The Mental Health Foundation](#)

If you are worried that you or a colleague need urgent support, make an emergency GP appointment or call 999. In addition [you can get in touch with Mind here.](#)

You can also call the Samaritans on 116 123 (UK and Republic of Ireland).

#ACTSafeguardingHour

Every Wednesday

12.00–1.00 pm

@AnnCraftTrust

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acting against abuse

Do you have any questions or concerns about Safeguarding?

Join us for **#ACTSafeguardingHour**—every Wednesday on X
(formerly Twitter), 12.00–1.00.

This is an opportunity to discuss safeguarding matters with an
online community of practitioners.

For more information, find us on Twitter:

[@AnnCraftTrust](https://twitter.com/AnnCraftTrust)

The Safeguarding Adults Roadmap



Where to start when creating a safe environment for adult participants

How can we improve practice and demonstrate that we are creating a safe environment for adult participants to engage in our activities? It can seem quite daunting. Understanding where to start and what needs to be done can feel like a huge undertaking, one that requires time, commitment and resources which are often limited.

The Safeguarding Adults Roadmap will help you develop your understanding of

what it means to create a safer environment. It breaks down the process into manageable stages and provides you with the tools and resources to develop a strategy for implementing meaningful policies and procedures. The Roadmap is designed to help you on your journey to improve practice and demonstrate to your participants that you are committed to providing a safe and supportive environment.

What is the Roadmap?

We have developed the Roadmap as a tool to help you:

- Understand what you need to do to comply with your legal obligations
- Guide you through the steps to implement and embed good practice to safeguard adults
- Identify areas and signpost to where you may need extra support to meet those requirements
- Have the confidence to know your organisation is safeguarding the adults in its care.

The roadmap is in six stages for you to download and complete. It includes space for you to add your own actions and comments, and links to resources to help you along the way.

Who is the Roadmap For?

This resource is for sport and activity organisations of any size and structure operating within England who are not required to complete the mandatory Framework as a condition of Sport England Funding.

This could include large infrastructure organisations, membership organisations, and grassroots organisations.

Note—If you are an Active Partnership or a Sports National Governing Body already working with the Ann Craft Trust, please refer to the [Sport Framework](#).

How to Use the Roadmap

Start by downloading Stage One of the Roadmap and begin working through it. Once you've completed Stage One, move onto Stage Two.

There is no timescale. Some sections may take longer than others and you could be working on multiple tasks at any one time.

There is a checklist in each section to help you identify what you have achieved and the areas left to work on.

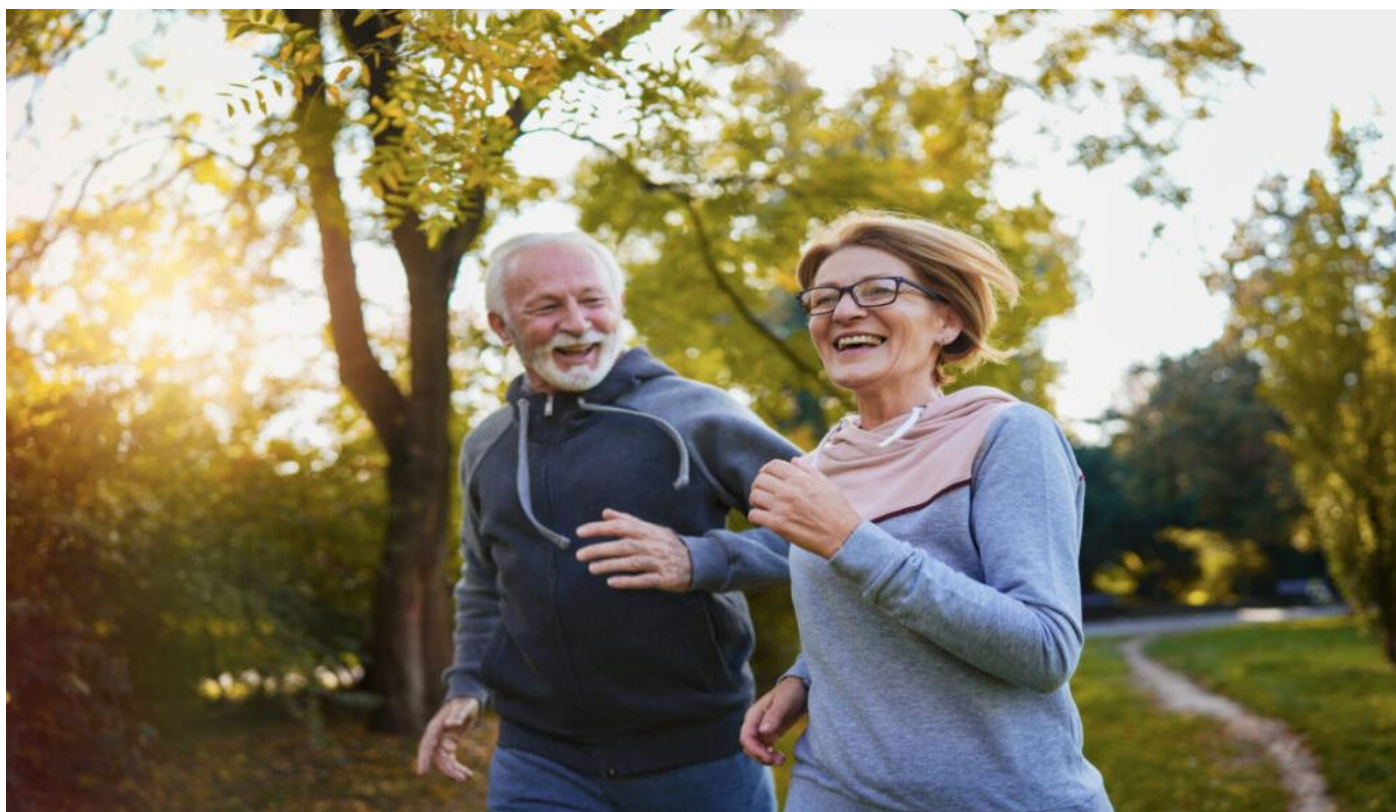
To support each action there are links to further information, templates and resources to help you.

For full details about the Roadmap, and to start your Roadmap journey, [head to our dedicated online hub](#).



Prevention is Better Than Cure—The 2024 Why Sport Conference

Catherine Sykes, Safeguarding Adults in Unregulated Sport & Activity Officer



Cath Sykes, Safeguarding Adults Manager for the Sport and Activity Sector, attended The Why Sports Conference in September 2023.

[2022's conference](#) focused on the impact that inactivity can have on the nation's health. It also shared examples of programmes and initiatives to alleviate inactivity.

The 2023 conference, held at the Royal Society of Medicine, was chaired by Sridevi Kalidindi CBE, National Clinical Leader, NHS England and Chair of the

Association of Mental Health Providers. Guest speakers came from across a range of sectors including health, planning, transport, leisure and sport. The theme for this year was "Prevention is Better than Cure."

Key Takeaways From The 2023 Why Sports Conference

A sport and activity sector that offers a diverse range of opportunities can adapt to individual needs. There should be some form of activity that appeals to each individual person. A united movement

should be a movement for everyone.

The sport and activity sector plays a role in promoting good mental health, and in preventing and treating many health conditions.

Movement and physical activity should be a core part of health and care systems.

We need a collaborative approach between all sectors to decrease inactivity.

Also, Sport England recognises some key opportunities for change between 2022 and 2025:

- Influence people working in the NHS and social care to prioritise physical activity to address health inequalities.
- Improve the pathway between health and organised activity by removing barriers associated with risk.
- Champion the role of sport and physical activity in supporting positive mental health and wellbeing.

Safeguarding Adults – What Is Our Role?

We must take a person-centred approach when encouraging people to engage in sport and activity. We must understand the barriers that people might face while seeking solutions and identifying personal goals.

Volunteers provide a vital role in delivering

sport and physical activities. Our role is to safely recruit and educate volunteers to recognise the signs and symptoms of harm and abuse. We must also provide a safe environment in which volunteers can properly support those they are working with.

Our role is to help create a culture where people belong. A positive sport culture is one in which people feel safe and valued.

These are key contributing factors that can encourage people to maintain an active lifestyle.

Next Steps

We must prepare our clubs, coaches, volunteers and staff to be as welcoming as possible. Everyone involved in sport must recognise that we all come from different backgrounds, and we all have different needs.

We must create an environment where participants feel able to share their concerns. And we must be prepared to listen when they do share their concerns.

Also, we need to know when an adult needs extra support, and we need to know how to signpost to the relevant support services.

In the long term, as more people engage in an active lifestyle it should reduce the pressure on health systems. It could also

reduce the dependence on medical intervention for health and wellbeing conditions that are exaggerated by inactivity.

[In a post about the conference](#), Why Sports said:

“The “Why Sports Improving Health and Increasing Activity” conference served as a beacon of hope in the battle against the inactivity crisis.

“By prioritising prevention over cure and bringing together experts with a shared vision of healthier, more active communities, the conference highlighted the enormous transformative potential. As we move forward, it’s time to embrace these innovative approaches and work collectively to create a future where inactivity-related health issues are a thing of the past, and our communities thrive in health and vitality.”



Safeguarding Adults in Sport and Activity—Essential Training for Club Welfare/Safeguarding Officers

This training covers the essentials for safeguarding adults in sport and activity clubs for Club Welfare/Safeguarding Officers.

This session includes how to identify concerns, respond to concerns and disclosures and how to create a safe culture within a sport or activity club setting

For those with no previous safeguarding adults training, we would recommend completing the [Introductory Training](#) prior to attending this course.

Tuesday 14 November 2023: [Register Here >>](#)

Monday 11 December 2023: [Register Here >>](#)

Key Insights From The Safe Sport International Conference 2023

Kimberley Walsh, Safeguarding Adults in Sport Manager



Kimberley Walsh, Safeguarding Adults in Sport Manager, attended the Safe Sport International (SSI) Conference in September 2023.

Taking place in Canary Wharf, London, the conference hosted attendees from across the globe both in person and online. It featured a full schedule of speakers sharing their expertise, good practice, successes, and challenges from the world of safeguarding in sport.

Attendees heard from athletes with lived experience of abuse. There were lawyers who specialise in representing survivors of

abuse in sport. Researchers promoted data-driven best-practice; and international organisations shared the work they are implementing and leading.

It was fantastic to feel the shared passion for keeping people safe in sport. I also found the courage of those who shared personal stories humbling, and their drive for change inspirational.

Over the course of the two full days I attended, there were lots of key messages and food for thought. I'd like to share some of the key insights from the conference.

Culture

Mary Cain, American middle-distance runner, CEO of Atalanta NYC and Board member of The Army of Survivors, delivered the keynote to kick off day one of the conference.

- We're not implementing cultural changes quick enough.
- The sport community could learn from industries outside of sport.
- We need to ensure that athletes have enough protection that they feel confident in speaking up about their experiences and their current environment.
- We should also strive towards a culture where athletes are encouraged to ask questions, and to get involved in creating their own journey.
- A coach/athlete relationship should be collaborative, not dictatorial.
- Athletes should not feel pressured to be a 'coachable athlete'.

Listening and Learning From Survivors of Abuse

Joanna Maranhao, Brazilian Olympic Swimmer, Survivor, advocate, and researcher, spoke as part of a panel discussion on Healing, Transformation,

and the Safeguarding Process.

- We must recognise the value of what a survivor has to offer.
- Survivors should receive remuneration for sharing their expertise, just as you would remunerate any other expert who you consult for advice.
- Trust is vitally important when working with abuse survivors.
- We must engage with survivors as individuals. This means finding out how much they want to contribute and letting them set the parameters.
- We must offer adequate wellbeing support throughout the process.

Organisations

As part of the same panel discussion, Joana shared these tips for organisations:

- Start by assessing your organisation.
- Actively seek to understand what is going on.
- Wherever possible, organisations should base policies and guidance on insights and data relevant to your organisation.

Whistleblowing

Jennifer Gomez Ph.D., researcher, and author, presented a keynote to wrap up

day two on the theme of Institutional Courage. She suggested that organisations might thank any whistleblowers brave enough to come forward. "Thank you for helping improve our sport."

She said a culture where whistleblowers receive public praise might encourage more to come forward when they spot signs of abuse.

Understanding The Impact of Trauma

Kat Craig, CEO of Athlead and Human Rights Lawyer, was part of a panel discussion on the theme of Trauma-Informed Legal Practice, talking about how we can support survivors seeking remedy. She also explored how to consider this in the way you work with someone.

For example, trauma can:

- Impact the way an individual hears or retains information.
- Impact the way someone recounts the information, often in a very non-linear way.
- Affect the way someone presents themselves. For example, they may seem distracted or discourteous in their manner.

When considering the impact of trauma, and supporting someone through the safeguarding process, we should discuss and manage individuals' expectations. This means we must be transparent about what can or can't be achieved.

Evaluate

The same panel discussion suggested that after someone has been through your safeguarding procedure, you should evaluate it.

Ask them:

- How was the process for you?
- What could we have done better?
- What worked well?

This is a simple process that any organisation can easily adopt and implement.

Boundary Transgressions

Marie-Claude Asselin, CEO of Sport Dispute Resolution Centre for Canada, spoke as part of a workshop on Emerging Practice at the National Level. While discussing how we can report and respond to concerns, she talked about using the term 'boundary transgressions'. Rather than looking for evidence of grooming, for example, it is much easier

to take action and gather evidence boundary transgressions *as they happen*. So through tackling all boundary transgressions as early as possible, we can take away opportunities for further grooming and abuse.

International Safeguarding for Adults in Sport

SSI officially launched their [International Safeguards for Adults in Sport Guidelines at the conference](#).

This is a significant step forwards for world sport. The work we do at the Ann Craft Trust has increased the awareness, knowledge and understanding of safeguarding adults in sport in the UK. But internationally, the focus to date has been primarily based on safeguarding children. In many countries, these guidelines will be the start of the journey to understanding the importance of safeguarding adults.



Safeguarding Adults in Sport and Activity in England Advanced Training (Level 3) for Safeguarding Leads

This course covers Safeguarding Adults for Lead Safeguarding Officers/Deputies in NGBs and Active Partnerships in England. It is also relevant for National Lead/Deputy Safeguarding Officers in unregulated/unfunded sport and activity organisations.

We'll explore best practice, the law, how to respond to and report safeguarding adult concerns, creating a safer culture and an inclusive and accessible environment, and the importance of effective safeguarding policies and procedures.

Tuesday 5 December—Wednesday 13 December 2023: [Register Here >>](#)

A New National Network of Sport Welfare Officers Across England



A new, national network of Sport Welfare Officers is being created across England.

The network will support National Governing Bodies (NGBs) and their local clubs to promote good practice and safe sport on a local level.

The Sport Welfare Officers will add capacity and expertise to the existing safeguarding work of NGBs and Active Partnerships. They will work closely with other Sport Welfare Officers, National Governing Bodies and wider organisations. These roles will help connect people working on welfare and safeguarding, both inside and outside sport.

Sport England is funding the new network using National Lottery grants. A national steering group led by Sport England, involving Active Partnerships, NGBs, the NSPCC's Child Protection in Sport Unit and the Ann Craft Trust, has been co-designing and developing the work of the officers.

An Exciting Development

This is the first time that roles such as this have been created on this scale.

The national roles are currently being recruited for with regional posts following.

[You can learn more about these roles on the Active Partnerships site.](#)

Safeguarding Adults in Sport Framework

Supporting all sports organisations to implement best practice in safeguarding adults

ann craft trust
acting against abuse

Free Information Session for Active Partnerships, National Specialist Partners, and National Governing Bodies Funded by UK Sport and/or Sport England

The Safeguarding Adults in Sport Framework is an online tool supporting all sport organisations to implement best practice in safeguarding adults.

In this free online session, we'll discuss:

- Your funding requirement to undertake the Framework
- What the Framework is, and how it works.
- How to complete the Framework, and the evidence you'll need to submit

Members of The Ann Craft Trust Safeguarding Adults in Sport team will guide discussions, and you can share your views with individuals from other NGBs and APs.

Tuesday 7 November 2023 [Register Here >>](#)

Following these sessions, you will also have the opportunity to attend **peer support sessions** to network, ask questions, and discuss the framework with each other:

Wednesday 15 November 2023 [Register Here >>](#)

Safeguarding News Watch: Safeguarding Adults

“The truth about channel crossings”

October 2023 | RefugeeCouncil.org.uk

Online Safety Bill “finished and ready to become law”

19 September 2023 | Gov.uk

Ofcom’s statement on the Online Safety Bill

19 September 2023 | Ofcom.org.uk

Data breaches putting domestic abuse victims’ lives at risk

27 September 2023 | TheGuardian.com

Female surgeons sexually assaulted while operating

12 September 2023 | BBC.co.uk

Care home sets up replica shop to help dementia patients

18 September 2023 | BBC.co.uk

Lincolnshire hospital discharges elderly woman to stranger’s home

21 September 2023 | BBC.co.uk

Safeguarding News Watch:

Safeguarding Adults in Sport and Activity

Current Active Partnership vacancies, including the new sport welfare officer roles

October 2023 | ActivePartnerships.org

Rhys Thomas—Finding purpose and perspective [PODCAST]

19 September 2023 | AnnCraftTrust.org

National Fitness Day—“Your Health is Your Life”

20 September 2023 | ActivityAlliance.org.uk

The Dark Side of Ballet Schools

17 September 2023 | BBC.co.uk

Evidence review ongoing for British Ju Jitsu Association

5 October 2023 | Sport.Wales

UEFA EURO 2023 “can turbo charge positive change”

10 October 2023 | UKSport.gov.uk

Physical Literacy Consensus Statement for England

29 September 2023 | SportEngland.org

Safeguarding Research and Resources

State of Care 2022/2023

State of Care is The Care Quality Commission's annual assessment of health care and social care in England.

The report looks at the trends, shares examples of good and outstanding care, and highlights where care needs to improve.

Access here: <https://www.cqc.org.uk/publications/major-report/state-care>

Technology-Facilitated Domestic Abuse: An Under-Recognised Safeguarding Issue?

Study in The British Journal of Social Work by Kathryn Brookfield, Rachel Fyson and Murray Goulden.

Read more: <https://academic.oup.com/bjsw/advance-article/doi/10.1093/bjsw/bcad206/7272719>

ADHD Care Facebook Group

ADHD Partners Peer Support Group is a new Facebook group aimed at neurotypical spouses and partners of adults living with ADHD. It's a platform for sharing experiences, exploring strategies, increasing understanding and finding support from others in a similar position.

More information: <https://adhdaware.org.uk/introducing-our-new-facebook-group/>

From The Vault: Social Networking and Staying Safe Online

Michelle McDermott and Christine Towers, the Foundation for People with Learning Disabilities. From Issue 91, April 2015.

The hate crime, bullying, and harassment project.

- The Foundation for People with Learning Disabilities (FPLD) and Lemos and Crane worked together on a project about bullying, hate crime, and harassment of people with learning disabilities.
- A reference group of people with learning disabilities helped the Foundation and Lemos and Crane to think about this work.

Aims of the Project

There were two parts to the project:

1. Research into the experiences of people with learning disabilities of hate crime, bullying, and harassment.
2. Look at how we can prevent people with learning disabilities from experiencing hate crime, bullying and harassment in the future.

Staying Safe on Social Media and Online

The reference group and FPLD met to talk about some of the ways we could help stop hate crime, bullying, and harassment of people with learning disabilities.

A lot of people with learning disabilities have experienced abuse on social media websites like Twitter and Facebook. Some people feel too scared to use these platforms as they are worried about their safety, or about being abused.

We decided to write an easy-read guide to using some of the most common websites and platforms including Twitter, Facebook, and certain email applications, to show people how they can stay safe online.

Our Key Messages About Online Safety

1. Information is really important for people with learning disabilities, and those who support them. It's good to know about privacy settings, how sites function, who can access your information, and passwords.

2. Having support to use social media helps to keep people safe. Knowing what to do if things go wrong, and having someone to ask for help, is important. Families, friends, and support workers need to know about online safety.
3. Knowing who to connect with online is important. Platforms like Skype, Twitter and Facebook each offer different ways of connecting with people. It's important to know who you should be "friends" with online.
4. Knowledge of scams and viruses can help keep people safe. Good antivirus software can also help.
5. People should understand the difference between using social media for personal reasons and using it for professional reasons.

What We Would Like To See In The Future

1. For social media to be recognised as a way to keep people safe through helping them connect with others.
2. Schools, colleges, and community centres to offer courses on safe social media use.
3. Support staff to learn how to use social media to help the people they support talk to their friends and speak

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It's important to know who you should be "friends" with online.

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up about what's important to them.

4. Family carers to understand the benefits of social media, and how they can help to ensure it's used safely.
5. More accessible information to support people with learning disabilities to safely use social media.
6. For more people to know about and use the FPLD's [Staying Safe On Social Media Online Guidance](#).

Our Experiences of Social Media

One person's experience:

- I was harassed on Facebook.
- A friend of a friend started sending me inappropriate messages.
- I asked him to stop, but he wouldn't.
- He started sending these messages to my friend too.

- I didn't know what to do.
- It made me anxious about using Facebook, not knowing if he would contact me again.
- I told my sister. She helped me block him from Facebook. Now I know how to do this.
- I still enjoy using Facebook.

Key questions:

- Which social media sites do you use?
- What do you like to do on Facebook?
- What do you like to do on Twitter?
- Who do you follow on Twitter?
- Do you use Twitter for work?
- Have you ever had a bad experience with someone being unkind to you on Facebook or Twitter?

The Foundation for People With Learning Disabilities

The FPLD promotes the rights, quality of life, and opportunities of people with learning disabilities, and their families. We do this by working with people with learning disabilities, their families, and those who support them.

Our work includes:

- Research and projects to promote social inclusion and citizenship.
- Supporting local communities and services to include people with learning disabilities.
- Make practical improvements in services for people with learning disabilities.
- Spreading knowledge and information.

Learn more about [the FPLD's work](#).

Learn more about [Lemos and Crane](#).

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Everyone has a right to be treated with respect and dignity.

Everyone deserves to be safe.