

# Safeguarding Adults Week 2023

**20–24 November**



**Safeguarding Adults Week is a time for organisations to come together to raise awareness of important safeguarding issues.**

For the 2023 event, we're focusing on the links between safeguarding and physical and mental wellbeing.

We would like to encourage you to think about what wellbeing means for you, your friends, your family, and the people you support.

We'd also like you to think about how looking after yourself can help you look after others.

**Register for updates and free resources!**

Visit [tinyurl.com/ACTSAW23](https://tinyurl.com/ACTSAW23) or scan here



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**#SafeguardingAdultsWeek**