3 Ways to Stay Safe Online

- **Protect your passwords.** Set a strong password and never share it with anyone. Use a combination of special characters, capital letters and numbers, and aim to change your passwords every 90 days.

- **Don't do anything online that you wouldn't do in real life.** Be nice to people. Don't get into arguments with strangers. Don't share anything too private or personal.

- **Be scam aware.** Never click links in dodgy emails. Understand that your bank or building society will never contact you by email asking for personal details or money transfers. And remember that if something seems too good to be true, it probably is!

#SafeguardingWales