



ACTing against abuse

# Safeguarding Training

## Safeguarding Adults in Sport Training

ACT courses incorporate a range of training methods and resources to meet the needs of the delegates including presentations, small groupwork, single and multiagency groupwork, case studies, quizzes, DVD's and plenary sessions. Our trainers are experienced at training delivery and will be able to adapt training materials to meet specific needs on the day as necessary e.g. consideration re selection of groups, adapting a presentation to a groupwork discussion etc.

ACT carries out peer supervision on all its trainers to offer constructive feedback and ensure high standards of training.

Each training course is evaluated by course participants, the commissioning agency and the trainer and these evaluations are collated with follow up discussion with all concerned as appropriate. Where appropriate, participants will complete pre and post course evaluations and knowledge gaps will be identified and shared with their managers to contribute to their continuing professional development.

Action plans will include specific areas of work to be developed with timescales and outcomes.

## Safeguarding Adults in Sport: Level 1

### **This course is aimed at:**

Team managers, Coaches and Volunteers with direct responsibility for players' welfare

### **Course topics:**

What is Safeguarding?  
Indicators of concern and types of abuse  
Your role within safeguarding  
How to make a safeguarding 'alert'  
You and the law

### **Content will include;**

- Sport's responsibilities in relation to safeguarding (organisational, local and legislative)
- How to recognise the signs and symptoms of abuse and factors affecting risk of abuse
- Identifying the types of abuse
- Defining poor practice
- Determining the actions to take to safeguard an adult at risk.



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## Safeguarding Adults in Sport: Level 2

### **This course is aimed at:**

Club Safeguarding Leads and Club Welfare Officers, County Welfare Officers

### **Course topics:**

Best practice around Safeguarding in Sport

Safeguarding and the law

What to do when you receive an 'alert' from a coach/volunteer

How to support the 'alerter' and make a safeguarding 'referral'

Implementing safeguarding policies

### **Content will include;**

- Definition of an adult at risk
- Definitions of abuse
- Raising awareness of abuse with customers
- Statistics
- Recent safeguarding cases in sport
- Types of abuse/signs and signals of abuse
- Cause for concern scenarios –when to refer?
- Levels of response
- The role of the Local Authority
- Case study – Emma
- Whistle blowing/Writing a report/forensic evidence
- Creating a safer environment.

## Safeguarding Adults in Sport: Level 3

### **This course is aimed at:**

Lead NGB Officers, NGB Board and Senior Management

### **Course topics:**

Safeguarding Law including the Mental Capacity Act and Care Act

Your role within the 'referral' process

Recruitment and disciplinary processes

Designing and implementing safeguarding policy

Ensuring best practice in 'safeguarding' within organisations

### **Content will include;**

- Looking at the leadership role through consistent demonstration of best practice
- Best practice in the investigation of complaints and allegations
- How to keep adults at risk safe in sport and how to ensure that staff demonstrate best practice
- How to ensure plans and targets are embedded at a strategic level
- Contractual arrangements that adhere to Safeguarding Adults policy and procedure
- Involvement of adults at risk in the evaluation and development of services.



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